

Tennis Schedule: February

Mon	Tue	Wed	Thu	Fri	Sat
8:00a Flight 6 Practice 1 ½ hour	8:00a Flight 1 Practice 1 hour		8:30a Free Senior Men's Group ½ hour		
	9:00a Beginning Ladies Clinic 1 hour			10:00a Adult Drill Clinic 1 hour (Int/Adv)	
	4:30p Toddlers & Munchkins 45 minutes		4:30p Toddlers & Munchkins 45 minutes	5:00p Kids' Clinic 1 Hour	
	5:30p Adult Drill Clinic 1 hour (Beg/Int)		6:30p Beginning Clinic High School & Adult 1 hour		



Junior Tennis Program

Toddlers (4-6 yrs.)

A great way to begin young tennis careers. Emphasis will be on fun, hand-eye coordination, movement, and proper strokes.

Munchkins (7-9 yrs.)

A more advanced form of Toddlers class. For the slightly older kid.

Linsley McMillion
Tennis Director
478-1400, ext. 104

All players who will be participating in a Tennis Clinic must first sign up at the Front Desk.

Drill Clinic

This program is intended for players with a minimum rating of 3.0 NTRP or USTA. We cover the A-Z of stroke production, drilling, & having fun in this UP-TEMPO hour. Max. 6 players. \$15 Members/\$17 Guests

Senior Men's Group

This is an opportunity for senior men to come out & enjoy organized play with our tennis pro. If you would like to take advantage of this FREE of charge play, please sign up at the front desk.

Group Personal Training

Moderate intensity injury prevention class for tennis players of all levels that includes resistance training, footwork and agility skills, and flexibility. **\$10/session**