

# Tennis Schedule: July

Mon	Tue	Wed	Thu	Fri	Sat
<b>8:30a</b> Flight 5 Practice 1 ½ hour	<b>9:00a</b> Flight 3 Practice 1 ½ hour		<b>7:30</b> Free Senior Men's Group ½ hour		
<b>10:00a</b> Flight 1 Practice 1 ½ hour	<b>10:30a</b> Drill Clinic 1 hour	<b>9:30a</b> Flight 4 Practice 1 ½ hour	<b>9:30a</b> Basics Clinic 1 hour	<b>9:00a</b> Drill Clinic 1 hour	
	<b>3:30p</b> Toddlers (4-5yrs) Munchkins (6-7yrs) 1 hour	<b>6:30-7:30p</b> Cardio Clinic 1 hour	<b>3:30p</b> Toddlers (4-5yrs) Munchkins (6-7yrs) 1 hour		
	<b>5:30p</b> Doubles Play Clinic 1 hour		<b>6:00p</b> Basics Clinic 1 hour		

## Junior Tennis Program

### Toddlers (4-5 yrs.)

A great way to begin young tennis careers. Emphasis will be on fun, hand-eye coordination, movement, and proper strokes.

### Munchkins (6-7 yrs.)

A more advanced form of Toddlers class. For the slightly older kid.

Linsley Mc Million  
Tennis Director  
478-1400, ext. 104

**All players who will be participating in a Tennis Clinic must first sign up at the Front Desk.**

### Drill Clinic

This program is intended for players with a minimum rating of 3.0 NTRP or USTA. We cover the A-Z of stroke production, drilling, & having fun in this UP-TEMPO hour. Max. 6 players.  
\$12 Members/\$14 Guests

### Basics Clinic

For those that are new to tennis or just coming back, "Basics" offers instructions on all strokes, footwork, positioning, & games in a fun environment.  
\$12 Members/\$14 Guests

### Senior Men's Group

This is an opportunity for senior men to come out & enjoy organized play with our tennis pro. If you would like to take advantage of this FREE of charge play, please sign up at the front desk.

### Doubles Play Clinic

This program is intended for players with a minimum rating of 3.0 NTRP or USTA. We will do drill clinic for the first 20 minutes, and for the last 40 minutes we will play points to help understand doubles play. Max. 8 players  
\$12 Members/\$14 Guests

### Cardio Tennis

A heart pumping, shot making, high paced good time! Not for beginners. Only the strong will survive. Sign up. Wed. 6:30-7:30p

